

FACIAL ASYMMETRY & JAW REALIGNMENT SURGERY INFORMATION LEAFLET

Specialist Care With Mr. Nabeel Bhatti

Facial balance plays a key role in how we look, feel, and function. For some people, natural or trauma-related facial asymmetry can affect not just their appearance, but also their ability to bite, chew, speak, or breathe comfortably.

Mr Nabeel Bhatti is a dual-qualified Consultant Oral and Maxillofacial Surgeon with extensive experience in complex facial reconstruction. He provides expert, compassionate care for patients from across the UK seeking to correct facial disproportion — whether for functional or cosmetic reasons.

What Is Facial Asymmetry?

Facial asymmetry means one side of the face is visibly different from the other. This may involve the jawline, cheeks, chin, nose, or eye area, and can be caused by:

- Congenital (developmental) differences
- Jaw misalignment (skeletal discrepancy)
- Trauma or injury
- Previous surgery or infection
- Muscular imbalance or nerve injury
- Age-related volume loss or changes

While most people have some minor asymmetry, more noticeable differences can impact self-esteem, dental function, or lead to jaw joint pain (TMJ dysfunction).

What Is Orthognathic Surgery?

Orthognathic surgery, also known as jaw realignment surgery, is performed to correct irregularities of the jaws and facial bones. It may involve moving the upper jaw (maxilla), lower jaw (mandible), or chin (genioplasty) into a more balanced and functional position.

This surgery is often used to treat:

- Underbites, overbites, or crossbites
- Facial asymmetry due to jaw position
- Difficulty chewing or speaking
- Obstructive sleep apnoea

- Long-term jaw or facial pain
- Aesthetic concerns about facial profile or symmetry

Facial Augmentation – Restoring Balance And Proportion

In some cases, facial implants or volume restoration may be recommended alongside or instead of jaw surgery to enhance facial harmony. This may involve:

- Chin augmentation (mentoplasty)
- Cheek enhancement (malar implants or fat grafting)
- Jawline contouring
- Correction of post-traumatic volume loss

Mr Bhatti uses the latest techniques and surgical planning tools to achieve natural-looking, proportionate results tailored to your individual goals.

Why Choose Mr Nabeel Bhatti?

Correcting facial asymmetry and bite alignment is a highly specialised area of facial surgery. Here's why patients and referring clinicians trust Mr Bhatti for this life-enhancing treatment:

Dual-Qualified Consultant Surgeon

Mr Bhatti holds qualifications in both medicine and dentistry, with specialist training in oral and maxillofacial surgery. This makes him uniquely positioned to manage both the functional and aesthetic aspects of facial imbalance.

Advanced Surgical Planning

Using 3D imaging and digital planning, Mr Bhatti works closely with specialist orthodontists and radiologists to map out surgery with precision — ensuring both bite correction and aesthetic improvement.

Personalised, Honest Advice

Every face is different. Mr Bhatti provides clear, evidence-based advice on whether surgery is appropriate, what your options are, and what kind of results you can realistically expect — with or without additional facial augmentation.

Private Hospital Care & Comprehensive Aftercare

Enjoy fast access to assessment and treatment, with consultations available in London and the South East. All procedures are performed in CQC-registered private hospitals with full surgical teams and follow-up support.

Is This Treatment Right For You?

You may benefit from a consultation if:

- You have noticeable facial asymmetry or imbalance
- Your teeth do not meet properly or feel misaligned
- You are considering jaw surgery but want a second opinion
- You've had previous facial surgery and are unhappy with the outcome
- You've experienced trauma that has affected the shape of your face
- You're looking to enhance your facial proportions through surgery or implants

What To Expect

Initial Consultation & Imaging

A full assessment of your face, jaw function, and any existing scans. 3D imaging or X-rays may be arranged as needed.

Treatment Planning

If surgery is suitable, you'll receive a tailored surgical plan — sometimes involving coordination with an orthodontist or other specialists.

Surgical Procedure

Carried out under general anaesthetic in a private hospital, with careful attention to aesthetics, bite alignment, and functional restoration.

Recovery & Support

You'll be fully supported through your recovery with detailed guidance, check-ins, and ongoing follow-up from Mr Bhatti and his team.

Book a consultation

Whether you're seeking jaw surgery, facial contouring, or a professional second opinion, Mr Nabeel Bhatti is here to help you achieve facial balance, confidence, and comfort.

Why Choose Us?



Mr. Nabeel Bhatti
Consultant Maxillo-Facial Surgeon



Professor Simon Holmes
Consultant Maxillo-Facial Surgeon

Over 35 years' combined specialist experience in acute and complex cheekbone fracture repair, with a focus on precision, minimal scarring and complete aftercare.

We look forward to meeting you.

<https://www.maxfaclondon.com>

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