

## FACIAL LUMPS AND BUMPS INFORMATION LEAFLET

### Expert Diagnosis And Care With Mr. Nabeel Bhatti

Noticed a lump or swelling on your face, jaw, or neck? Whether it's a small, painless bump or a more noticeable swelling that's causing discomfort or concern, it's important to have it assessed by a specialist.

Mr Nabeel Bhatti, a dual-qualified Consultant Oral & Maxillofacial Surgeon, offers expert assessment, diagnosis, and management of facial lumps and bumps, including cysts, skin lesions, and salivary gland swellings. With private clinics across London, he provides safe, efficient, and personalised care tailored to your needs.

### What Causes Facial Lumps And Bumps?

There are many potential causes of facial lumps, and most are benign (non-cancerous). However, accurate diagnosis is essential to rule out anything more serious and to determine whether treatment or removal is necessary.

Common causes include:

- Sebaceous cysts (epidermoid or pilar cysts)
- Lipomas (benign fatty lumps)
- Skin lesions (moles, warts, keratoses)
- Salivary gland swellings (blocked ducts, stones, or infections)
- Lymph node enlargements (often due to infection or inflammation)
- Fibromas or other benign soft tissue growths
- Post-traumatic lumps (scar tissue or retained foreign material)

In rare cases, lumps may indicate a skin cancer, salivary gland tumour, or other pathology requiring urgent attention.

### Why Choose Mr Nabeel Bhatti?

#### Highly Experienced Consultant Surgeon

Mr Bhatti is a Consultant in Oral & Maxillofacial Surgery with specialist NHS and private practice expertise. His background in both medicine and dentistry gives him a unique understanding of facial anatomy and pathology — essential for accurate diagnosis and safe treatment.

## On-Site Diagnosis & Imaging

In many cases, minor facial lumps can be diagnosed and treated in a single visit. Where further investigation is needed, Mr Bhatti has access to ultrasound, CT, or MRI imaging through leading private hospitals and diagnostic centres.

## Expert Minor Surgery

Mr Bhatti regularly removes cysts, lipomas, and benign skin lesions under local anaesthetic in a clean, CQC-registered clinic setting. Procedures are performed with precision, aiming to minimise scarring and ensure a smooth recovery.

## Rapid Access & Clear Communication

Avoid long NHS waiting times with prompt appointments and timely treatment. Mr Bhatti provides clear, honest advice about whether your lump needs removal, further testing, or monitoring — with all options explained in plain English.

## When Should You See A Specialist?

You should book an assessment if:

- You've noticed a new lump or swelling on your face, neck, or jaw
- A lump has changed in size, shape, or colour
- The area is painful, infected, or keeps recurring
- You're concerned about a mole, cyst, or skin lesion
- You've been referred by your dentist or GP for further investigation
- You simply want peace of mind with a specialist opinion.

## What To Expect

### Initial Consultation

A thorough examination of the lump, your medical history, and any symptoms. Mr Bhatti will advise whether further tests or removal are appropriate.

### Minor Surgery (if needed)

Many benign lumps can be removed under local anaesthetic in a short, well-tolerated procedure. You'll be given full aftercare instructions and follow-up as needed.



London International Patient Services  
Battersea Power Station  
Level 1  
Turbine Hall B  
London SW11 8DD

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### Biopsy or Histology

If your lump is removed, it may be sent for lab testing (histology) to confirm the diagnosis. Results are typically available within 7–10 days.

### Further Management

For more complex or suspicious findings, Mr Bhatti will coordinate any additional imaging, referrals, or treatment promptly.

## Why Choose Us?



**Mr. Nabeel Bhatti**  
Consultant Maxillo-Facial Surgeon



**Professor Simon Holmes**  
Consultant Maxillo-Facial Surgeon

Over 35 years' combined specialist experience in acute and complex cheekbone fracture repair, with a focus on precision, minimal scarring and complete aftercare.

We look forward to meeting you.

<https://www.maxfaclondon.com>

(020) 3912 7276

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