

## WISDOM TEETH REMOVAL INFORMATION LEAFLET

### What Are Wisdom Teeth?

Wisdom teeth are the third set of molars, usually coming through between the ages of 17 and 25. For many people, these teeth don't have enough space to grow properly, often leading to discomfort, crowding, or infections.

If your dentist has recommended that you have your wisdom teeth removed, choosing an experienced oral surgeon is essential for ensuring a safe, smooth procedure and a fast recovery.

### Why Might Wisdom Teeth Need To Be Removed?

Not everyone needs their wisdom teeth taken out. However, removal is commonly advised if:

- They are impacted – stuck under the gum or growing at an angle
- There isn't enough space in the mouth, which may cause crowding or misalignment
- They cause pain or swelling
- Recurrent infections such as pericoronitis occur
- Cysts or other complications develop around the teeth

Early assessment and, if necessary, timely removal can prevent more serious issues in the future.

### Why Choose Mr Nabeel Bhatti?

Mr Nabeel Bhatti is a highly respected Consultant Oral and Maxillofacial Surgeon, known for his clinical excellence and patient-focused care. With extensive training in both medicine and dentistry, he offers the highest standard of treatment in wisdom tooth removal.

#### Specialist Consultant Surgeon

Mr Bhatti is a fully qualified Consultant with NHS and private sector experience. He regularly performs complex wisdom tooth extractions and manages impacted and difficult cases referred by dentists across the UK.

## Exceptional Patient Care

From your initial consultation through to post-operative care, Mr Bhatti and his team ensure you are well informed, comfortable, and supported at every stage.

## Modern Facilities

Whether you're seen in a private hospital or specialist dental clinic, you'll benefit from a clean, modern environment and access to advanced diagnostic and surgical technology.

## Sedation Options Available

If you're anxious about the procedure, sedation can be arranged. Mr Bhatti is fully trained in providing safe, conscious sedation for nervous patients.

## What to Expect

### Consultation and Imaging

You'll first attend a consultation, where Mr Bhatti will assess your teeth using an X-ray or 3D scan and discuss whether removal is recommended.

### Treatment Plan

If extraction is advised, you'll receive a detailed treatment plan outlining the procedure, recovery, and cost.

### Surgical Removal

Extractions can usually be carried out under local anaesthetic, with or without sedation, depending on your needs.

### Aftercare & Recovery

You'll be given full post-op instructions and access to support throughout your recovery. Most patients return to normal activities within a few days.

## Private Wisdom Tooth Removal – No Long NHS Waiting Times

NHS waiting lists for wisdom tooth removal can be lengthy. Seeing Mr Bhatti privately means you can be assessed and treated promptly, with flexible appointment times and a high standard of personalised care.

## Why Choose Us?



**Mr. Nabeel Bhatti**  
Consultant Maxillo-Facial Surgeon



**Professor Simon Holmes**  
Consultant Maxillo-Facial Surgeon

Over 35 years' combined specialist experience in acute and complex cheekbone fracture repair, with a focus on precision, minimal scarring and complete aftercare.

We look forward to meeting you.

<https://www.maxfaclondon.com>

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