

CHEEKBONE (ZYGOMATIC) FRACTURES INFORMATION LEAFLET

Cheekbone (Zygomatic) Fractures

We are sorry that you have sustained this injury.

The cheekbone (zygoma) forms part of your eye socket and gives the cheek its shape. It can be fractured after a fall, sports injury, assault or road traffic accident.

Symptoms may include:

- Flattening or change in cheek shape
- Swelling/bruising around the eye
- Numbness in the cheek, upper lip or side of the nose
- Difficulty opening the mouth
- Blurred or double vision

Sometimes these signs are hidden by swelling. Specialist assessment and a CT scan are often needed.

Do I Need Surgery?

If the bone is not displaced and there are no problems with vision or bite, surgery may not be required. If the bone has moved, vision is affected, or the eye socket is involved, surgery can restore appearance and function.

What Does Surgery Involve?

Under a short general anaesthetic, the bone is repositioned and secured with fine titanium plates via small, discreet incisions. Damaged eye socket floor may be repaired with an implant to support the eye.

Recovery

Most patients go home the same day or after one night. You'll receive clear aftercare advice on swelling, diet, and activity. Numbness often improves over weeks to months.

Why Choose Us?



Mr. Nabeel Bhatti
Consultant Maxillo-Facial Surgeon



Professor Simon Holmes
Consultant Maxillo-Facial Surgeon

Over 35 years' combined specialist experience in acute and complex cheekbone fracture repair, with a focus on precision, minimal scarring and complete aftercare.

We look forward to meeting you.

<https://www.maxfaclondon.com>

(020) 3912 7276

London International Patient Services
Battersea Power Station
Level 1
Turbine Hall B
London SW11 8DD